

DMOs and District CBHC Associations as an effort to hasten and ensure coherent coordination of PHC/CBHC in the districts. This has been done by asking health Workers, or District CBHC Associations like Gulu District CBHC Association, or member programs like Mission: Moving Mountains to help coordinate CBHC activities voluntarily in collaboration with DMOs. In four districts (Kabarole, Kasese, Gulu and Apac), however we have had the support of our funding partners like World Neighbours and CPAR to meet other expenses like salaries/allowances etc for temporarily appointed officers, while the districts prepare to develop more permanent coordination mechanisms that can lead to the sustainability of PHC/CBHC.

This approach is being advocated for replication in other districts.

### ***Capacity Building for government health Workers and NGOs.***

This exercise has continued, and is gaining more interest and support in the government circles. If the government's national and subcounty health workers acquire the capacity to train others down to the community level, it is almost certain to predict a healthy future of Primary Health Care (PHC) and Community Based Health Care (CBHC).

The ongoing capacity building exercise covers follow-up in the field. We feel convinced that the restructuring of district administrations through the decentralisation of key services, including health, will act in favour

of community based health care sustainability.

District Resistance Councils (DRCs) and their District Health Committees as well as RC III Councils and subcounty health committees can be adequately sensitized to plan more rationally and consider budgetary allocations for health, with focus on PHC/CBHC. This strategy should be advocated for very aggressively but also a lot of lobbying of the Districts/subcounty Resistance Council members is seen as a powerful approach to the solution of potential problems in the sustainability of PHC/CBHC.

### ***Income Generation Activities***

This is a vital component for CBHC Sustainability. However, it is also a difficult area to operate. Member programs need a lot of training in Income Generation for their communities and projects. In view of this the association has designed different strategies to support members. These strategies include, Drugkits system for a revolving fund, courses in management of CBHC projects, etc aimed at assisting members to acquire skills in the effective and efficient management of their projects. Communities or community groups can design/develop appropriate incentives or mechanisms to reward their Community Resource Persons (CORPs). Thus family-organised or small groups Income Projects could be conceived as conducive to the sustainability of PHC/CBHC. We have observed that women's groups like Mothers' Union etc tend to do well.

Hence we need to seriously consider active involvement of Women as individuals and groups in Income Generating Activities as well as health.

### ***Material Development and other literature.***

Training Manuals for different health and development cadres working in the districts and communities have been developed, and are sold at a manageable fee. At national level, these can be a good source of income though not necessarily enough to sustain the Secretariat. We could however contract with international agencies to be their local publishers and material like newsletters, journals, booklets, etc.

The UCBHCA Secretariat is the process to develop into a Resource Centre to provide more relevant sources. A reasonable charge (fee) will be made on these services.

### ***Newsletter***

A CBHC Newsletter is being produced on quarterly intervals for information sharing. It covers both local and some international health care information. Apart from sharing information, members learn what is happening in the area of health development, and are also motivated to develop new initiatives. While this Newsletter gives useful information about PHC/CBHC etc. Very few programs seem to be keen to buy copies for themselves nor contribute articles. May be one of the reasons is that the culture of search for knowledge needs to be cultivated and encourage probably through making our communities more literate.